

# Family Service Agency Continuing Education Workshop

## Ten Tools to Improve Couples' Therapy Outcomes

Marty Klein, Ph.D.

Friday May 5, 2017 9:00 a.m. to 4:30 p.m.

Seacliff Inn 7500 Old Dominion Court Aptos, Ca

### Description:

What are the assumptions, unspoken agreements, power dynamics, and narratives of a relationship? Do people keep score of their wounds? What do couples use to feel close: sex, money, kids or talking about feelings? This presentation will identify what most unhappy couples do, what they need and the most effective ways for us to respond to them to help them hear each other and choose to change.

Topics will include power dynamics; conflict and conflict avoidance; sexuality increasing empathy; existential issues; the structure of effective communication. These tools will be valuable regardless of your clinical orientation and will help you to identify the issues likely to sabotage the therapy, make your work more effective and reduce your frustration. Dr. Klein will talk about the structure of effective communication, explaining why many couples who appear to have a communication problem actually don't. With lots of case examples from his practice and with role-playing, this seminar will be interesting and fun as well as practical and immediately usable.

### Learning Objectives:

1. Participants will learn how to do an intake session that motivates couples to return for a second session.
2. Participants will learn how to assess and discuss power dynamics in couples.
3. Participants will learn how to teach couples to make and keep effective agreements.
4. Participants will learn how to teach couples to achieve and use empathy to limit destructive conflict.
5. Participants will learn how to show couples the actual architecture of their relationship.
6. Participants will learn how to help couples overcome their inhibitions to discussing sexuality.

### Biographical Statement:

**Dr. Marty Klein** has been a licensed MFT and Certified Sex Therapist for 35 years. The award winning author of seven books, he has given 1,000 key notes, seminars, and in-service trainings across the U.S. and in 30 countries. Marty is a frequent guest in popular media, including the New York Times, National Public Radio, Psychology Today and the Daily Show. A qualified forensic expert in sexuality, Marty continually challenges popular clinical assumptions about sex, gender, desire, and intimacy. For example, Wikipedia cites Marty as the key challenger to the concept of sex addictions. Marty recently gave two Congressional briefings on evidence-based sex education. Marty's seminars are known to be down-to-earth, thought provoking, and entertaining. That's why we've asked him back to give his ninth seminar for us. His blog and website are at [www.SexEd.org](http://www.SexEd.org).