Workshop Description:

This interactive workshop is designed to support mental health professionals’ efforts to understand, uproot, and dismantle whiteness. We will explore and review the clinical implications of whiteness and discuss how to implement a skill-based practice. The workshop will examine the history of whiteness in the U.S. and review common assertions about the psychological and interpersonal effects of whiteness and white privilege. The workshop will facilitate supportive self-reflection and dialogue aimed at deepening participants’ understanding of ways in which whiteness operates in their own lives and in their clinical work.

Learning Objectives: Participant will be able to:

1. Describe the history of whiteness in the United States and discuss current implications of this history.
2. Identify psychological and interpersonal effects of whiteness within themselves.
3. Identify psychological and interpersonal effects of whiteness in their clients, and their clinical work.
4. Develop skill in addressing whiteness within themselves.
5. Develop skill in addressing whiteness in their clients and in their clinical relationships with clients.

Presenter: Tim Baima, LMFT, Ph.D.

Tim Baima, LMFT, Ph.D. is an Associate Professor at Palo Alto University where he oversees the Marriage, Family, and Child Counseling emphasis area in the MA Counseling Program. He also has a private practice in San Mateo where he specializes in seeing couples and families with adolescents using family systems and attachment-based models of treatment. Dr. Baima received a Ph.D. in Marriage and Family Therapy from Syracuse University in 2008. He has sought out extensive training on culture, power, and privilege in clinical work from trainers such as Dr. Ken Hardy, Monica McGoldrick and the Multi-Cultural Family Institute of New Jersey. He has presented numerous times on whiteness at national and regional conferences, and has recently published a Delphi Study on whiteness in the Journal of Marital and Family Therapy.

Family Service Agency of the Central Coast is approved by the California Psychological Association, Provider Number FAM019 to sponsor CE for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs, LMFTs, LPCCs, and LEPs. Family Service Agency of the Central Coast is approved by the California Board of Registered Nursing, Provider Number CEP14579 to sponsor CE for Registered Nurses. Family Service Agency of the Central Coast is approved by the California Association for Alcohol/Drug Educators, Provider Number CP20 855 C 0821 to sponsor CE for Credentialed Addictions Treatment Counselors. Family Service Agency of the Central Coast maintains responsibility for this program and its content.